



# Hiwinui School

Week 5 - Term 1  
4<sup>th</sup> March 2021



*Dear Parents & Caregivers,*

Thank you so much to everyone who has attended an interview/s this week. It has been wonderful for staff to be able to make those connections with families early and also to get your input re their goals. After our disrupted school year in 2020 we decided that we needed to add 'well-being' to all students' goals. From what I am hearing from the staff; parents also agreed. Well-being is our school-wide target this year and we will be putting lots of energy into this area.

All students have completed a Well-Being Survey at school and from this we'll put a programme in place to support our students.

It was wonderful to have the support of so many at our annual Tararua Ropu Swimming Sports on Friday. While it was a fun afternoon it also allowed us to focus on swimmers for both the Kainui Swimming next Friday and the Penhey Cup on the 22<sup>nd</sup> March. Swimmers chosen for these events will be informed on Friday.

Many thanks also for taking the time to complete the Health Education Questionnaire that was sent out last week. *We are still accepting questionnaires until tomorrow.* Following are responses to some of the questions and also thoughts and suggestions made by families. We really appreciate your feedback and will certainly take on board your ideas.

- The children bring home everything that is not eaten, including empty packages in their lunch boxes so that families can see what has been / or hasn't been eaten at school.
- Our intention is that sunblock is always available throughout the year in classrooms but sunhats are only worn in Terms 1 and 4.
- Dental hygiene is also covered regularly in the junior school and when appropriate in all school areas.
- Road Safety is usually taught as and when appropriate; for us a lot of teaching is around walking safely to and from school - crossing a country road, getting on and off a bus, behaviour on a bus, and using seat belts.
- The survey has brought to our attention parents' concern re other parents' speed entering and exiting the school. **PLEASE SLOW DOWN**, coming into and leaving the school grounds.

- The boys closing and opening the gates have also spoken about their concern for their safety when they open the gates at 3 o'clock. **PLEASE WAIT** for those opening the gates to be back on the footpath before coming into school in your vehicles.
- Families would like to see topics covering Growth Mindsets, Resilience, Mindfulness, Positivity and Tolerance worked into our Health Education programme.
- Families really appreciate that we are a water-only school, have brain boosts, support the students' well-being and are sun-smart.
- Most families agree we provide enough physical activity however, some would like to see "more boys'" sports provided e.g. cricket.
- Fundraisers need a vegetarian option and it was suggested that we look at basic nutrition e.g. oranges (provide vitamin C) and carrots (vitamin A).

We appreciate the time you have put into supporting Health Education at Hiwinui School. Thank you.

Hiwinui Student **House Leaders** have a very active programme organised for the students and are kicking this off by inviting all students from Year 1 - 8 to join together on Friday to eat their lunch with the 'House' group.

**Wednesday 10<sup>th</sup> March** all **Ruahine Ropu, Years 1 - 4**, will be encouraged to bring their wheels to school for a '**Wheels Wednesday Lunchtime**'. Remember if a child brings something with wheels to school they also need to BRING A HELMET.



### **EASTER RAFFLE:**



With the support of the Fundraising committee the school will run an Easter Raffle which will be drawn on Thursday 1<sup>st</sup> April at the school assembly. Funds raised will go towards the End of Year EOTC (Education Outside the Classroom) activities.

We ask that each family donate an Easter Egg or Easter Activity to school by the 26<sup>th</sup> March so that the raffles can be put together. The donations can be placed in the container under Mrs Stevenson's office window. Small or large we want them all. Tickets will be available from the office: **\$2 per ticket or \$5 for three**. If you can sell raffles at work please ask Debbie for a book so that we reach a wide variety of communities.

**We need Pool Cover volunteers please** for the weeks of 22<sup>nd</sup> - 28<sup>th</sup> March and 29<sup>th</sup> March - 4<sup>th</sup> April. There are relievers available if you cannot make it one night. Please contact Debbie if you can help.



... KAPAI KIDS ...



Explorers: **Benjamin Thornicroft** - you have had such a great start to the year Benjamin. You show enthusiasm for learning and your kind and caring nature is so appreciated in Room One. Ka pai!

Terrific 2: **Oliver Long** - you have made a great start to the year in Room 2. You are trying hard with all your work and seeking support when you need it. Ka pai!

Room 3: **Harry Long** - Wow, you have shown perseverance when learning your Pepeha. You presented it clearly and confidently. Ka pai Harry.

Rūma Rima Dreamers: **Taj Cowan** - you have been a superstar helper and committed to completing your mahi in a timely and excellent manner. Miharo Taj!

Manawanui: **Nate Kinaston** - you always come to school with a positive attitude. Your Enthusiasm for Manawatu Cricket has motivated everyone in Manawanui. Great work!

Pūkeke: **Keira Carter** - the enthusiasm and positivity you show for school, friends, teachers and classmates is nothing short of phenomenal. You have THE biggest heart. We are all so much luckier for having you in our lives.



**Head lice** are doing the rounds again. PLEASE CHECK your child's hair regularly and **treat immediately** if any lice or eggs are found. You must treat them again one week later to get any new ones. Stop the spread by tying up long hair and NOT SHARING hairbrushes, pillows etc. Treat BEFORE children return to school.



**JARS WITH LIDS AVAILABLE FOR PRESERVING etc:**

These can be collected from the office.

**NETBALL COACHING WORKSHOP:**

Anyone interested in becoming a coach or developing your coaching skills is invited to register for the 'Coach Starter Resource' coaching workshop being held on Monday evening, 8<sup>th</sup> March at Vautier Park. Cost of \$10 p/p includes light refreshments and resources.

Workshop facilitated by Carla van der Mew and Irene van Dyke. Register at [www.netballmanawatu.org.nz](http://www.netballmanawatu.org.nz)

**ASHHURST POHANGINA RUGBY CLUB REGISTRATION:**

It's time to register your 4 – 12 year olds for the 2021 season 🏉. Ashhurst Pohangina Rugby Club is a family focused club placing a high value on sportsmanship, community, and camaraderie, skills and inclusion. Please follow the link below to register your player or come and meet the committee and register on SUNDAY 14<sup>th</sup> March - <https://www.sporty.co.nz/aprfcjr/Junior-rego-2021/Junior-2021>

**TOWEL ROSTER:**                    **STEPHENS** family  
**POOL COVER ROSTER:** 8<sup>th</sup> - 14<sup>th</sup> March - **FERNANDO** family



*kindest Regards,*

*Brenda, Fiona, Rebecca, Holly, Emma, Kendall, Portia, Allannah, Philippa, Debbie, Sarah, Irene, Novena, Colin, and Charlotte.*

'Te tiro atu to kanohi ki tairawhiti ana tera whiti te ra kite ataata  
kahinga ki miuri kia koe'  
... Turn your face to the sun and the shadows fall behind you ...

**Dates to Remember** ... *this is a guide only - dates may change*

|  |  |
|--|--|
| 12 <sup>th</sup> March                       | Kainui Swimming Sports, Years 5 – 8 at the Lido Pool |
| Sunday 21 <sup>st</sup> March                | Hiwinui Community Picnic at Hiwinui School 2-5pm     |
| 22 <sup>nd</sup> March                       | Penhey Cup   |
| 24 <sup>th</sup> March                       | BOT meeting  |
| 26 <sup>th</sup> March                       | Year 8's Day out with Kainui Cluster                 |
| <b>30<sup>th</sup> March</b>                 | <b>Hiwinui Parents Forum – Play Based Learning</b>   |
| <b>2<sup>nd</sup> – 5<sup>th</sup> April</b> | <b>Easter Break</b>                                  |
| 16 <sup>th</sup> April                       | Term 1 ends  |

Children please  
bring your  
**SWIMMING  
TOGS**  
and **TOWELS**  
to school every  
day.



**Get more for your \$ and  
reduce food waste**



Climate change is a hot topic right now and reducing food waste is one way we can all do our part and save some money. Below are some tips that can support families.

Give children a choice – would they prefer peas, carrots or broccoli for dinner? Which fruit would they like in their lunches this week?

Let children serve themselves, encourage starting with small portions and make seconds available.

Makeover lunchbox leftovers. For example, toast a leftover sandwich for afternoon tea.

Question why food is often coming home, you might be able to make simple changes to what you send to school.

Bashed up fruit or snacks often have another use – add to baking or chop up the best parts to add to porridge or freeze for later.



For more information visit [lovefoodhatewaste.co.nz](http://lovefoodhatewaste.co.nz)